



# Get Healthy Pensacola! Points Voucher

Member Name: \_\_\_\_\_ Member No: \_\_\_\_\_

Complete the form below and include the total number of points for each activity, the date completed and under the location box indicate if this was a Baptist Health Care provider. Points are doubled for using a Baptist Health Care provider. Point accumulation starts on the date of membership enrollment. Points must be submitted within the calendar year that they occur in. To find out how many points you have accumulated, visit [www.GetHealthyPensacola.com](http://www.GetHealthyPensacola.com). Points and rewards are subject to change at any time.

Healthy Activity	Pts	Total Points	Date	Location
Annual Physical	50			
Annual Flu Shot	50			
Annual Cholesterol Check	50			
Annual Mammogram/Pap Smear	50			
Annual Osteoporosis Heel Scan	50			
Annual Vision Screening	50			
Annual Hearing Screening	50			
Biannual Dental Checkup	50			
Annual Prostate Exam	50			
Annual Heart Risk Screening	50			
Annual Depression Screening	50			
Annual Skin Cancer Screening	50			
Diabetes Screening	50			
Donate Blood	50			
Purchase \$25 or more from a GHP! partner (Limit 4 per year)	50			(attach copy of receipt)
Exercise - 5 hours <small>Limit of 3,650 points per year</small>	50			
Walking - 20 miles <small>Limit of 2,600 points per year</small>	50			
Enroll a friend in GHP!	100			
Met Monthly New Year's Resolution Goal	100			
Yearly Anniversary of GHP Membership	50			
Birthday	50			
Join a Partner GHP Health Club	50			
Attend Family Expo or Senior Expo	50			
Attend Baptist "Create Your Weight" Class	50			

Claim your **Get Healthy Pensacola!** points by sending this voucher to fax: 469-2379 *or* mail to: *Get Healthy Pensacola!*, Baptist Health Care, 903 West Moreno St., Pensacola, FL 32501  
*Questions?* Call 469-2447.